

No Condemnation 不再定罪**Romans 8:1-4**

Illustration 1:

我們心中的感覺就是 Condemnation.

The feeling in our hearts is condemnation.

Illustration 2:

“Therefore there is no condemnation to those who are in Christ Jesus.”

【羅 Rom 8:1~4】

I. Freedom from the law of sin and death. 從罪和死的律上得到自由了。

【羅 Rom 7:24~25】

保羅從主耶穌的眼光來看我們自己. 他就說,
Paul looked at us from the perspective of the Lord Jesus.
He said,

【羅 Rom 8:1~2】

能夠不活在罪惡感之中是對自己很快樂的一件事情.

Being able not to live in guilt is a very happy thing for yourself.

能夠不活在罪惡感之中, 對別人也是很快樂的一件事情.

Being able not to live in guilt is also a very happy thing for others.

因為會定罪自己的人, 也是很會定罪別的人!

It is because people who will condemn themselves will also condemn others!

Illustration 3:

我們的行為, 有一種防衛機制叫做 Projection. 我們把自己的弱點投射到旁邊的人的身上, 而有很大的反應.

Projection is a psychological defense mechanism in which individuals attribute characteristics they find unacceptable in themselves to another person.

II. We lived in condemnation, but now in love.

過去我們是活在苛責之中, 現在我們是活在愛之中.

【加 Gal 3:24~25】

【羅 Rom 8:15~16】

Illustration 4:

Illustration 5:

【腓 Phil 3:5~8】

III. Growing little by little in the relationship of love

在愛的關係中, 一點一點的成長.

Illustration 6:

【羅 Rom 8:4】

Conclusion 結論

Illustration 7:

神不 condemn 我們, 因為在耶穌裡面, 神是化腐朽為神奇的神.

God does not condemn us because in Jesus God can turn bad into good.

Reflection:

1. Christian life is like “achieving the impossible”—living in a sinful flesh, yet try to conquer temptation and sin and try not to live in the feeling of condemnation. How would this be possible? 基督徒的生命像是“達到那不可能達到的目標”, “活出那不可能活出的生命”—活在罪的身體中, 卻要過一個勝過試探, 勝過罪惡的生活, 而且心中沒有定罪的罪惡感, 這怎麼可能呢?

2. How easy do you condemn yourself? How easy do you condemn other people, even your loved ones? What is the concrete step that you can take to improve on that? 你是否很容易定罪自己, 你是否很容易定罪別人, 甚至你所愛的家人? 有甚麼具體的步驟, 你可以來改變的?

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