

**GPC Rules for Lessening the COVID-19**  
**大公園靈糧堂減輕 COVID-19 病毒感染規則 2/26/2020**

**I. At Home/在家:**

1. If you have a family member (including you) coming back from **China, Korea, Iran, Japan, Italy**, we ask that your family not coming to church for 15 days. If all is well, you are welcome to come to church starting the 16<sup>th</sup> day.

若果你或家庭成員有從**中國、韓國、伊朗、日本、義大利**來到美國請你的家庭 15 天內不要來教會聚會. 若沒有病狀, 第 16 天起, 歡迎來教會參加聚會.

2. If you are having a fever (100.4F) or coughing, please stay at home until you are fully recovered.

若果你有發燒 (100.4F)或咳嗽, 請待在家中不要來教會聚會, 直到你復原為止.

**II. Coming to Church/來到教會:**

1. There are Purell alcohol gel placed around the facility. You are encouraged to wash your hands frequently. Use soap and water to wash your hands after rest room visit.

教會多處會擺放 Purell 酒精乾洗手, 請大家多用. 如廁後, 請必用肥皂和水洗手.

2. You (adult and children alike) will be measured for body temperature, and asked to wash your hands with Purell alcohol gel before entering into church assembly.

你 (大人和小孩) 進入教堂參加聚會之前, 會被測量體溫, 並被要求用 Purell 酒精乾洗手.

3. Isolation masks are at the secretary's desk. You are welcome to use it if you suspect that you are not well. You are also welcome to use it if you feel that you are easily susceptible to the sickness. When wearing, white color is toward yourself.

隔離口罩放在秘書的桌上, 若你懷疑自己可能不舒服, 歡迎取用. 若你覺得自己容易受感染, 也歡迎取用. 用的時候, 白色的向內.